

Classes Offered

CPR / First Aid / AED

- **Lay Responder FA/CPR/AED** - Trains individuals to recognize and care for adult, child, and infant respiratory and cardiac emergencies, sudden illness, and bone/joint injuries.
- **Professional Rescuer CPR/AED** - Trains professional responders such as nurses, lifeguards, firefighters, and paramedics the skills needed to respond to adult, child, and infant respiratory and cardiac emergencies.

Lifeguard/Waterfront Training

Provides the skills and knowledge necessary to be a professional Lifeguard such as water rescue, CPR, AED, and First Aid care. A prerequisite test is required to be admitted.

Lifeguard Instructor

Trains Lifeguards to be instructors and to teach their own Lifeguard Training courses. A prerequisite test is required to be admitted.

Water Safety Instructor

Trains participants to teach Red Cross learn-to-swim courses. A prerequisite test is required to be admitted.

All courses can be taught as stand-alone classes. In some situations, combined classes may be available. Maximum ratio is 1:10 for instructors to students. A minimum of 8 is required to schedule a training. All classes are designed to be delivered in a timely basis without compromising quality.

830-928-7143
www.hillcountrysafety.com



P.O. Box 291192
Kerrville, TX 78029

hcsafetytraining@gmail.com

An Authorized Provider For the Red Cross



LIFEGUARD
FA/CPR/AED
RENEWALS
AUDITS
RECERTS

**FIRST AID
CPR/AED
AND
AQUATICS**

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Hill Country Safety Training (HCST) is a licensed provider for American Red Cross classes and service. HCST was created to fulfill the unique needs of the Texas Hill Country community, which is well known for its attractions. The company also offers additional services and training throughout the State of Texas.

Veronique Rochefer is the owner and director of Hill Country Safety Training. She has over 15 years of experience with the American Red Cross and the Occupational Safety and Health Administration (OSHA) as an Instructor. Her motto is her promise: "Safety, Service, and Skill."

Hill Country Safety Training is committed to offering high quality courses taught by experienced and personable instructors who utilize the most up-to-date quality materials and equipment.



Veronique brings a reputation for quality training that exceeds her clients' expectations.

The company's philosophy is to prevent incidents by offering participants excellent training. Prevention is the key. The better prepared you are for an emergency, the quicker you can respond. Our trainers are all familiar with the Hill Country area and can tailor classes to each individual client. We specialize in custom, quality courses which meet or exceed OSHA requirements and will be provided at your location at the time and day of your choice.

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- \$75** **ADULT CPR/AED**
APPROXIMATELY 3 HOURS
- \$85** **ADULT CPR/AED FIRST AID**
APPROXIMATELY 5 HOURS
- \$115** **CPR FOR THE PROFESSIONAL RESCUER**
APPROXIMATELY 6 HOURS
- \$85** **ADULT CHILD INFANT CPR/AED**
APPROXIMATELY 4 HOURS
- \$100** **ADULT CHILD INFANT CPR/AED + FIRST AID**
APPROXIMATELY 6 HOURS
- \$30** **OXYGEN ADMINISTRATION**
APPROXIMATELY 2 HOURS
- \$30** **BLOODBORNE PATHOGEN**
APPROXIMATELY 2 HOURS
- \$325** **LIFEGUARDING**
APPROXIMATELY 32 HOURS
- \$330** **WATERFRONT/PARK LIFEGUARDING**
APPROXIMATELY 40 HOURS
- \$330** **LIFEGUARD INSTRUCTOR**
APPROXIMATELY 32 HOURS
- \$325** **WATER SAFETY INSTRUCTOR**
APPROXIMATELY 30 HOURS
- \$75** **FIRST AID**
APPROXIMATELY 3 HOURS
-  **IN SERVICE + AUDITS**
PRICE AVAILABLE UPON REQUEST
- \$360** **EMERGENCY MEDICAL RESPONSE**
APPROXIMATELY 55 HOURS